



ERNEST ORLANDO LAWRENCE  
BERKELEY NATIONAL LABORATORY

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**Environment, Health, & Safety  
Training Program**

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**EHS 63 ~ Ergonomics Awareness for Managers and Supervisors**

**Course Syllabus**

**Subject Category:** Ergonomic Safety  
**Course Length:** 90 minutes  
**Schedule:** TBD  
**Location/Time:** TBD

**Course Prerequisite:** No  
**Medical Approval:** No

**Course Purpose:** This course is designed to provide managers and supervisors with the necessary knowledge to become familiar with ergonomics and its potential impact on employee safety and work processes.

**Course Objectives:** Enable managers and supervisors to understand their roles and responsibilities in providing an ergonomically safe work environment. Topics covered include:

- LBNL Ergonomics Policy
- Overview of ergonomics (signs, symptoms, resources)
- Ergonomic Evaluation Process
- Controlling ergonomic hazards (engineering, administrative, PPE and training)
- Injury and illness (SAAR) reporting and documentation
- Workers compensation (return-to-work) and ADA
- Self-Assessment Program

**Course Instructional Materials:**

- PowerPoint Presentation
- Video

**Instructor:** Jeffrey Chung

**Training Compliance Requirements:** 8CCR 3203

**Course Participant Handouts:**

- Copies of PowerPoint Slides
- Safety Literature

**Participant Evaluation:** Written evaluations regarding the effectiveness of the trainer, the training and the visual aids.

**Written Exam:** No

**Practical Exam:** Field exercise/practicum on observation techniques

**Retraining/Recertification:** No

**WEB Resource:** EH&S Website, Ergonomics Webpage